

A Guide to Filling Out the USPC Health and Maintenance Record Book



The United States Pony Clubs, Inc.

Health & Maintenance Records for

Horse: Nashville Music



The United States Pony Club, Inc.

Name: Erin K. Johnson Rating: C-2

Pony Club: Foothills Pony Club

Region: Rocky Mountain Region

Start Date: 1/1/2000

End Date: 12/31/2000

•It is important to keep an accurate and up-to-date record on each horse. The records should be complete and organized in such a way that someone else could take care of your horse if the need should arise. Each record book is designed to allow for a years worth of records. On the cover are the start and end dates of each book so that they can be easily filed in chronological order. The records (or a copy of the records) should stay with the horse even if the horse is sold or leased. The record book provided by USPC is just one way in which records on a horse can be kept. Any method of record keeping that is convenient and includes all of the enclosed information is acceptable. The important thing is to use a system that works for you.

General Information

Rider: Erin K. Johnson D.O.B: 09/02/85

Address: 502 Colony Drive
Ft. Collins, CO 80521 Phone #: (970) 283-2359

E-mail: econtino@ global.com

Owner: Jennifer A. Law

Address: PO Box 231
Strafford, Vermont 05072

Phone #'s: (802) 765-6589 (541) 730-4823

Horse's Location

Name of Facility: Carnegie Stables

Address: 5100 N. Taft Hill Road
Ft. Collins, CO 80524

Phone #: (970) 221-5500

Veterinarian: Dr. Chris Kawcak Phone #: (970) 481-7690

Farrier: Rett Emerson Phone #: (970) 472-8973

Other: Justin Connors (Dentist) Phone #: (970) 699-3266

Insurance (Horse)

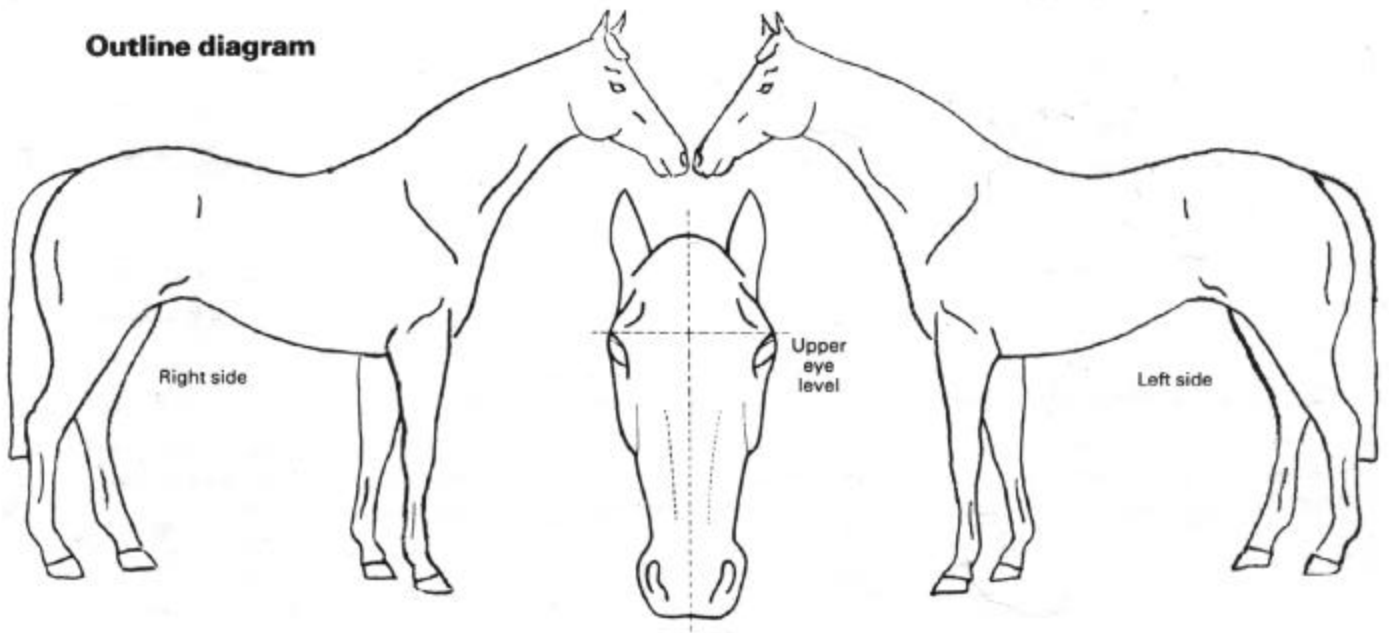
Carrier Name: USCTA Insurance

Policy #: 7453927-99-8379

Phone #: (817) 294-7000

Emergency #: (800) 294-4000

Outline diagram



Draw in markings and brands on the diagram above.

Please place a photograph in the space below for identification purposes.
(This picture should be standing and in profile.)

Horse Information

Horse's Name: Nashville Music Date Foaled: April 14, 1990
Height: 16.1 h Color: Chestnut Breed: Thoroughbred Sex: G
Weight: 1200 lbs. Markings: Star, Snip, RH Stocking, LH Sock
Tattoo/Brands: _____ Lip Tattoo: T538743

Vital Signs At Rest:

Temperature: 100.2 Pulse: 38 Respiration: 12

Vices: "Girthy" when saddling

Special Medical Conditions: Allergic to Penicillin

Inoculation Schedule

Please list what vaccinations your horse gets and on what schedule:

Breed Registry: Jockey Club

Registration #: 8538743

Sire: Carrier of Song

Dam: Melody by: TopSider

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USPC Manual Vol. 1:

- Height: p. 234-235
- Color: p. 232
- Breed: p. 240-242
- Markings: p. 233-234
- Sex: p. 235
- Sire and Dam: p. 235
(definitions of)
- Vices: p. 180-182

USPC Manual Vol. 2:

- Weight: p. 200
- Temperature, Pulse,
and Respiration: p.
234-237

- In the space provided for special Medical Conditions, you should list any allergies, chronic diseases, lamenesses, or any other medical condition that someone caring for you horse would need to be aware of.
- The sire and dam information can be found on most breed registry papers. The sire is referred to as "by" and the dam is referred to as "out of". Often the sire of the dam will also be listed. If the horse does not have papers or the bloodlines are unknown, write unknown in the spaces.
- When listing the horse's weight, make sure to list the units (lbs. or kg.).

Routine

Immunizations

USPC Manual Vol. 1:
•p. 215-216

USPC Manual Vol. 2:
•p. 207-208

USPC Manual Vol. 3:
•p. 350-351

Date	Vaccine	Due Again on:	Cost
1/1/00	Flu, Rhino	4/1/00	\$ 21.00
4/1/00	Flu, Rhino	7/1/00	\$21.00
4/1/00	Tetanus, EEE, WEE	4/1/01	\$45.00
7/1/00	Flu, Rhino	10/1/00	\$21.00
10/1/00	Flu, Rhino	1/1/01	\$21.00

Total \$: 129.00

De-worming

USPC Manual Vol. 1:
•p. 215

USPC Manual Vol. 2:
•p. 208, 211

USPC Manual Vol. 3:
•p. 345-348

Date	Type of Wormer	Due Again on:	Cost
1/1/00	Strongid C (3 month supply)	4/1/00	\$45.00
1/1/00	Supplementary- Quest	7/1/00	\$15.00
4/1/00	Strongid C (3 month supply)	7/1/00	\$45.00
7/1/00	Supplementary- Zimectrin	1/1/01	\$12.50
7/1/00	Strongid C (3 month supply)	10/1/00	\$45.00
10/1/00	Strongid C (3 month supply)	1/1/01	\$45.00
	*Strongid C is a dewormer fed daily; supplementary deworming req'd 2 x year		

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Total \$: \$207.50

•Worming medications may be selective in their action and may need to be rotated to be effective. The necessity to vaccinate against specific diseases may vary from one location to another. Ask your veterinarian which dewormers and vaccinations are most appropriate for your horse and your area.

•When presenting your record book at a rating, or if you wish to keep a running total as the year progresses, be sure to write the totals in pencil. At the end of the year, when the record book is completed, the totals can be written in pen.

•Note the two separate entries for immunizations given on 4/1/00. They are listed this way because the due date for the next flu, rhino immunization is different than the next due date for the tetanus, EEE, WEE immunization.

•At the B level and above brand name and lot number for vaccinations should be indicated.

•At the B level and above brand name as well as drug name should be used with worming medication.

Procedures

Shoeing

Date	Type of Shoes	Next Appointment	Cost
01/14/00	Plain,w/ snow pads, toe & ¼ clips	3/04/00	\$95.00
3/04/00	Plain, ¼ clips all 4	4/21/00	\$80.00
4/21/00	Plain, drill&tap, ¼ clips all 4	6/07/00	\$100.00
6/07/00	Plain, w/ flat pads, drill&tap, ¼ clips	7/28/00	\$110.00
7/28/00	Plain,w/ flat pads, drill&tap, ¼ clips	9/14/00	\$110.00
9/14/00	Eggbars, ¼ clips	10/30/00	\$90.00
10/30/00	Eggbars, ¼ clips	12/17/00	\$90.00
12/17/00	Eggbars, w/snow pads, ¼ clips	2/03/01	\$105.00

Total \$: 780.00

Dentistry

Date	Procedure/Comments	Re-check on:(date)	Cost
4/18/00	Routine Float	Oct. 2000	\$47.00
10/15/00	Recheck; no floating necessary	April 2001	\$0.00

Total \$: 47.00

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Vol. 1:
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•p. 251-253

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•p. 215

- This page will serve as a reminder of when your horse needs to be reshod or needs his teeth checked.
- In the shoeing section, be sure to make note of any “corrective” procedures.
- When presenting your record book at a rating, or if you wish to keep a running total as the year progresses, be sure to write the totals in pencil. At the end of the year, when the record book is completed, the totals can be written in pen.

Feed Schedule

**USPC Manual
Vol. 1:**
•p. 183-193

**USPC Manual
Vol. 2:**
•p. 199-203

**USPC Manual
Vol. 3:**
•Chapter 11

AM: Roughage: 2 flakes grass hay (8 lbs)

Concentrate: 2 lbs. alfalfa pellets, 1 lb. rolled oats

NOON: Roughage: 1 flake grass, 1 flake alfalfa (10 lbs)

Concentrate: None

PM: Roughage: 2 flakes grass hay (8 lbs)

Concentrates: 2 lbs. alfalfa pellets, 1 lb. rolled oats

Supplements A.M.: ½ cup corn oil

Supplements P.M.: 1 oz. Biotin& Methionine, ½ cup corn oil

Salt Source: free choice salt block

Feed Changes

Date	Change From:	Change To:
4/04/00	1 lb. oats a.m.	2 lbs. oats a.m.
		(change over 1 week slowly)
5/12/00	1 lb. oats p.m.	2 lbs. oats p.m.
		(change over 1 week slowly)
9/02/00	2 lbs. oats p.m.	1.5 lbs. oats p.m.
		(change over 4 day span)
9/07/00	2 lbs. oats a.m.	1.5 lbs. oats a.m.
		(change over 4 day span)

- Make sure to note the units (i.e. lbs., oz., etc.) by which you are measuring all the different feeds and supplements.
- As feeds all weigh different amounts, it is important to measure in weight and not volume. For example a scoop of bran would weigh much less than a scoop of corn.
- It is a good idea to know approximately how much a flake of hay weighs as your idea of a flake may be different than someone else's idea of a flake.
- The current feed schedule and changes should be posted in the feed room as well as on the horses stall.

Conditioning Schedule

Conditioning Schedule for an average week:

Activity	Specifications	Average Minutes	Times/Week
Dressage	Training & 1 st level practice (45 min) + 15 min hack	60	2
Trot Sets	3, 10 min trots w/ 3 min rests incorporate hills when possible	45	2
Jumping	Rotate show jumping courses, grid lines and cross country school	40-60	1
Gallop	2, 10 min trots w/ 3 min rests 2, 3 min gallops @ 450 mpm	45	1
Hack	To follow each gallop day Hand walk or walk for 45 min	45	1

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•p. 195-198

**USPC Manual
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•Chapter 7

**USPC Manual
Vol. 3:**

•Chapter 10

Temperature: @rest: 100.2 Pulse: @rest: 38 Respiration: @rest: 12
 @work: 102.9 @work: 72 @work: 60

Conditioning Changes

Date	Change From:	Change To:	TPR Changes
4/03/00	3, 10 min trots	3, 12 min trots	-
4/04/00	2, 3 min gallops @ 450	3, 3 min gallops @ 450 mpm	80 P, 72 R 103.1 T
5/11/00	3, 12 min trots	3, 15 min trots	-
5/12/00	3, 3 min gallops @ 450	3, 3 min gallops @ 500 mpm	84 P, 76 R 103.2 T
6/1/00	3, 3 min gallops @ 500	3, 3 min gallops @ 520 mpm	84 P, 80 R 103.2
9/2/00	Gallop sets	No gallops during off season; resume in Feb '01	-

- This section may only be necessary at the C-3 level and up.
- When doing conditioning work, it is important to keep records on the horse's temperature, pulse and respiration rates' after strenuous work. This, along with the recovery rate will help to determine the condition of the horse.
- This page can be used in correlation with the feeding page. Changes to the conditioning schedule will often coincide with changes to the feeding schedule.

Activities

(lessons, clinics, competitions, etc.)

Date	Activity	Comments	Cost
January '00	Dressage lessons w/ Sivan 1x per week	Progressed on sitting trot; medium trot, transitions	(\$40 each) \$160.00
2/5-6/00	Clinic w/ Denny Emerson	Day 1: Grid Work Day 2: Cross Country	(\$85 day) \$170.00
2/19/00	PC jump lesson; course work w/o stirrups	Nashville was very good- work on better canter	\$25.00
5/1-3/00	High Prairie H.T.	3 rd place Jr. OT 0 XC jump; 5 stadium	\$210.00
6/12-13/00	Combined Training Rally	2 nd H.M., 1 st Overall Tack needed oiling	\$160.00
7/2/00	C-3 Prep Clinic	Work on shipping bandage; good switches	\$75.00

•Use this section to record shows, lessons, clinics, competitions, rallies, know-downs or any other horse related activities.

Extra Veterinary Visits

Includes: lameness, sickness, x-rays, medications, etc.
 *does not include immunizations, worming, floating

USPC Manual Vol. 1:
 •p. 209-214

USPC Manual Vol. 2:
 •p. 332

Date	Description	Diagnosis & Treatment	Cost
3/13/00	Lame Left Front; Hot to touch	Abscess; soak in Epson salts 20 min 2 x day; pack w/ betadine & cotton	\$45.00
4/02/00	Temp. 102.2, Sweaty, Lethargic	Reaction to shots; Cold hose to lower temp, 10cc Banamine, keep an eye on	\$70.00

Total \$: 115.00

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- This section is for veterinary visits that are not part of routine care. If routine care overlaps with an extra veterinary visit, try to divide the charges accordingly. This way there will be no duplicated costs.

Feed and Board Expenses

Date	Item	Cost
1/1/00	January Board	\$325.00
2/1/00	February Board	\$325.00
3/1/00	March Board	\$325.00
4/1/00	April Board	\$325.00
5/1/00	May Board	\$325.00
6/1/00	June Board	\$325.00
7/1/00	July Board	\$325.00
8/1/00	August Board	\$325.00
8/6/00	50 lb. bag bran, salt block	\$9.95
9/1/00	September Board	\$325.00
10/1/00	October Board	\$325.00
11/1/00	November Board	\$325.00
12/1/00	December Board	\$325.00

Total \$:3909.95

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Other Expenses

Includes: travel, tack, equipment, insurance, etc.

Date	Item	Cost
2/2/00	Equipment: Heavyweight Rhino blanket	\$129.00
3/4/00	Extra Bedding (2 bags shavings @ \$5.50)	\$11.00
5/3/00	High Prairie: Trailering and Hotel expenses	\$115.00
5/25/00	Tack: New leathers, rubber reins	\$160.00
7/12/00	Blankets: wash and repair tears	\$45.00
9/3/00	Trailer Serviced: Repack bearings, grease axles	\$130.00
10/15/00	Insurance premium	\$770.00

Total \$:1360.00

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Expense Summary

Totals from:

Pg. 4:	Immunizations:	\$ <u>129.00</u>
	De-worming:	\$ <u>207.50</u>
Pg. 5:	Shoeing:	\$ <u>780.00</u>
	Dentistry:	\$ <u>47.00</u>
Pg. 9:	Activities	\$ <u>810.00</u>
Pg. 10:	Extra Veterinary	\$ <u>115.00</u>
Pg. 11:	Feed and Board	\$ <u>3909.95</u>
Pg. 12:	Other	\$ <u>1360.00</u>
	Total Expenses:	\$ <u>7,357.45</u>
		-
Pg. 13:	Total Income:	\$ < <u>4,087.00</u> >
	Net Expenses:	\$ 3,271.00

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•It is important to keep records of amount spent on horse related items and activities, especially if you ever plan to turn your hobby into a business. The records will then be needed for tax purposes. An expense report may also be valuable for insurance records.