

Mounted Lessons

BPC has two mounted lessons a month being Learning PC oriented, additional offered as coaching sessions. Each lesson provides quality instructions and an opportunity to ride towards the members' next standard. Goal for Instructor: Check off sheet they incorporate into each lesson. We have add Lesson plans on our new website and all Flow Charts are available

BPC mounted lesson curriculum 2014

Activities that will be included in ALL mounted lessons at the appropriate certification level:

1. Develop and practice riding a warm-up routine, evaluate using the terms on the training pyramid.
2. Riders evaluate their position and use of natural aids.
3. Basic balanced position and base of support.
4. Bandages for appropriate level.

March #1

Flat lesson

- practice riding accurate figures, practice rein back, turn on forehand, smooth transitions etc.
- riding w/o stirrups.

March #2

- course work to work on, rhythm and tempo, evaluate position using training pyramid.
- practice jump position w/o stirrups.

April #1

Jump (practice flat in warm-up)

- grid work
- emergency dismount

April #2

Dressage ride and review (dressage instructor and judge)

- kid's to ride dressage test, and parents to scribe for child.
- Instructor to teach about rules regarding dressage shows, and review the test sheets.

May #1

Jump lesson

- course work, to evaluate rhythm and tempo using training pyramid.
- practice jump position w/o stirrups.

May #2

Cross-country lesson

- practice riding in the open, pacing, cross-country course jumping
- Instructor to review rules of cross country in regards to eventing.

June #1

Stadium Jumping clinic

- Practice a jump course in balance with rhythm and tempo.
- Instructor to review rules of stadium jumping.

June #2

Flat lesson

- Practice riding accurate figures , increase and decrease of speed and rein back.
- riding w/o stirrups.

Unmounted Lessons

The unmounted program is designed to help members to become competent horsemen at home and at regular lessons, to progress from one rating to another, and to be prepared to compete at rallies and in other open competitions. This program is NOT designed to provide full coverage of all the topics tested at every level a child may wish to rate to, but should give a good overview over a 12- month period.

Additional study and prep will be required for any testing and in preparation for any given rally.

There are many Horse Management meetings a year

Unmounted groups are divided by age, not rating, to ensure that older members are stimulated and want to stay involved while younger members are not overwhelmed. Younger members are welcome to stay for the higher level teachings if they are learning at that level.

January:

Stall Card

Record Book

TPR and Vitals

Measurements

February:

Rally Prep including turnout and tack

Rally Equipment

Bandaging (Boots—Polo—Stable—Shipping)

March #1

Leading (Halter, Tying, Leading, Longing, Vaulting Horse Sport)

Bandaging if time

Turn-Out Self Check

Standards

Quiz / Tack*

Tack Cleaning**

Nutrition**

HW: Condition / Feed

March #2

Hands on in groups according to riding lessons, Members are to use the Turn-Out Inspection sheets as a check off for their next rating level to self-evaluate their understanding of preparing to ride. We will quickly cover the leading / longing section of the standards to included tying and jogging out procedures. We will quickly discuss vaulting as a sport and go into bandaging by applying boots, polo wraps and a stable and/or shipping. Time will be a factor as to how much we cover. Handouts given.

March #3

We will use All of the HM Standards of Proficiency to see flow from each rating level by highlighting the Tack Section in the first group and Nutrition in the second. Members can discuss how this assists with teaching and “the next step”. We will discuss Quiz as a discipline and continue onto Tack Cleaning. Then we will discuss more Quiz how Tack / Nutrition can relate to Phases.

Horse Work: To develop a conditioning /feeding plan. To complete Tack, Nutrition, Leading and bandaging sections of Prep Guide.

April: #1

Boots and Bandaging

Lead / Grooming *

Clean Tack

Presentation at Rating

Take TPR, put in RB

Foxhunting

Prep Guides- bring

Teaching

Lesson Plans

April #2

Bring boots and bandaging materials for your next rating level—can share. We will continue practicing. We can do leading check-offs for those that are ready. For this bring your check-list so this section can be signed off for your next rating level. You may have a riding section that can be signed off as well. Ask your riding instructor.

April #3

All bring your prep guides for your next rating level. You could work towards having the leading / longing, tack and nutrition sections complete. Those that have a conditioning / feeding schedule plan to show at their next rating can bring this as well. The first group will discuss foxhunting as a sport, some terms of foxhunting, how to tie a stock tie and cover attire. We will then discuss the Prep Guides, both groups will. The second group will discuss teaching and lesson plans.

Horse Work: Prep Guides Presentation / Turn-Out / Tack, Bandaging, Horse Sports and Teaching.

2nd grp. Lesson Plans. Foxhunting.

May: #1

Travel Safety and SM Blanketing (bring blankets)

The Foot and Shoeing, a member to teach at each group—eval.

May #2

Bring blankets or sheets (coolers, flysheets etc. too). Travel Safety Checklist and discuss with the various trailers available.

May #3

We plan to cover the foot and shoeing with both groups. Give a sheet to remind them to get information from farrier on size of shoe, type of shoe, nails and to ask the farrier how to remove a shoe in an emergency. (Dependent upon next appointment then add information to the Record Book). A member that has turned in a lesson plan that is correct will teach their topic, possibly one at each group. Their teaching will be evaluated. (10 minutes each—they bring their lesson plan, props and teach for the 10 minutes). Goal—for each member to have taught once prior to the regional Teaching Clinic

Horse Work: Prep Guide for Travel Safety and The Foot and Shoeing. Lesson Plans Due. Will be available to continuously look at Record Books, Conditioning Plans, Lesson Plans and answer questions.

June:

SM Parasites, Deworming, Fly Control

Member Teaching

Your Horses ID, and Shoeing, Skeletal, Conformation,

Unsoundness and Blemishes

Discipline highlight will be Tetrathlon

July:

Health Care and Vet Knowledge + teaching
1st—through wounds 2nd— Diseases & innoc

Research Project

HM*—Set up, Safety, Leading, Bandage

HM*—Tack Cleaning Party

Tetrathlon

HM*—Fire Ext. with Fire Dept.

Teeth—care, number, location, aging, look at horses

September:

SM Pasture Safety, fencing, shelter and toxic plants

Members teach

Research Topic Shared

At the riding lesson meeting this month HM will be Set-up and safety, daily for stall and trailer, cleaning area and cleaning stall—equipment used and use, bedding materials, stall design, assisting a cast horse etc...

Discipline highlight will be eventing.

October:

SM Barn Safety, hay storage, wiring, materials, plans, fire, member teach,

Research Project next

This month's HM at riding lesson:

November:

Quiz—a lot of topics covered

Share Research Project To Date

HM Lesson at the mounted meeting: ***

USPC Brookfield Conservation Award due Nov. 1

Reiterate Horse Sports:

PC Competitive Disciplines—Dressage, Eventing, Mounted Games, Polocrosse, Quiz, Show Jumping, Tetrathlon

Non-Competitive Disciplines—Polo, Hunter Seat Equitation, Western, Foxhunting, Driving, Distance Riding, Vaulting

December: Christmas Party